

- **Treats wadded up in paper:** Source some scrap paper and place 4-5 small treats or kibble in the center of a sheet. Scrunch up the first sheet with the treats inside and scrunch another sheet over the top, maybe adding treats to this layer as well.
- You can repeat this process multiple times. You can then throw the resulting paper ball for your dog and get them to uncover all the layers in order to reach the treats.

Olfactory enrichment

- **Scents:** Scatter some spices on a blanket or spray a piece of cloth with a small amount of essential oil (e.g. lavender) for your dog to experience a new smell.

Visual enrichment

- **Bubbles:** Blowing bubbles can be an interesting visual stimulus for your dog. Be wary of your dog's body language however, some will love this activity, whereas others may be more cautious or scared.

Auditory enrichment

- **Music:** Most dogs find quiet classical music relaxing. There are even CDs and playlists available that are specifically designed for dogs and can have a calming effect. Also, leaving the radio, an audiobook or the TV on softly when your dog is left alone may give the impression of company, especially when your dog finds it hard to be alone.

TIP



Make sure to vary the kinds of enrichment you use, to keep things interesting for your dog. It may be beneficial to keep a record of which kinds of enrichment were especially successful.



2 Gracie Street
North Melbourne VIC 3051
Phone 03 9329-2755

920 Thompsons Rd
Cranbourne VIC 3977
Phone 03 9702-8055

Web www.dogshome.com
Email info@dogshome.com
Facebook [lostdogshome](https://www.facebook.com/lostdogshome)
Twitter [lostdogshome](https://twitter.com/lostdogshome)
Insta [@lostdogshome](https://www.instagram.com/lostdogshome)

More questions? Need help?

Email our professional behaviour trainers on
petsquad@dogshome.com

Since our official opening in 1913, we have been a voice for animals without owners caring for thousands of cats and dogs each year. Pioneers for fair animal laws, we continue to work on the front line to reduce the number of lost, abandoned and stray cats and dogs.

We rely on public support to run services and programs, including: proactive adoption, foster care, behaviour rehabilitation, low cost desexing and microchipping, and the promotion of better pet ownership through education.