Keeping Your Cat Healthy

Caution around food and your pet

If you think sharing human food with your feline companion builds a stronger bond, think again! Just the opposite is true. Cats cannot process certain foods in the same manner that people do. Your doting “sharing” could result in a trip to the veterinarian.

- **Root Vegetables**: These contain thiosulphate, a substance that in animals cause diarrhoea, vomiting, breathing problems, loss of appetite and blood in the urine. In more severe cases it can give the animal haemolytic anaemia. Examples of root vegetables are onions, garlic or leeks.

- **Milk & Dairy**: We associate cats with milk, but this concept is wrong. Kittens & adult cats are lactose intolerant, so this food makes them feel terrible. Upset stomach, vomiting and diarrhea are the main symptoms cats experience after drinking milk, especially if it is not skimmed.

- **Lilies**: The entire plant is toxic. Ingesting any part of the plant can cause complete kidney failure in 36-72 hours. The toxicity may occur by ingestion of, or by mouthing, very small amounts of lily material. Owners should make sure their cats never have access to Lilies of any kind.

- **Avocado**: Contains a large volume of Persina, similar to wheat, caffeine or alcohol it causes vomiting, stomach upset, diarrhoea, respiratory problems and in severe cases even death.

- **Fish Oil**: Fish oil can be helpful for specific conditions under the guidance of your veterinarian. However, fish oil supplements can cause gastrointestinal issues if given too often.

- **Potatoes & Tomatoes**: Potatoes contain starch that is very difficult to process for some animals, while tomatoes are too acidic for their stomachs. Both cause stomach upset, diarrhoea and vomiting.

For More Information contact The Lost Dogs Home on 03 9329 2755 or info@dogshome.com
One of our favourite desserts, chocolate, has theobromine which is very dangerous for your cat. Consumption causes hyperactivity, excessive thirst, vomiting, diarrhoea and, in severe cases, heart attacks 24 hours after being swallowed.

Highly harmful to the animal due to its content of Persina, which causes vomiting, stomach upset, diarrhoea, respiratory problems and in severe cases even death, so we must pay special attention to this.

Upon consumption the cat may experience breathing difficulties that can lead to suffocation, so please be particularly vigilant with these items.

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WHAT IF MY PET HAS EATEN SOMETHING IT SHOULDN’T?

Call your veterinary clinic without any further delay!
Your first response should be to call the veterinary clinic and explain that your cat has eaten something they shouldn’t have. This will expedite you being seen as soon as possible. In order to help the veterinary clinic with their diagnoses, it’s helpful to take with you the container of the product ingested. Supply your veterinary clinic with details that you have noticed as well as when the poisoning took place.

In the absence of your usual veterinary clinic, do not hesitate to call an animal emergency clinic. Make sure to always have details of emergency pet care in your area for a time of high stress.

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